

Wolfe Center Therapy Pool

	Monday	Tuesday	Wednesday	Thursday	Friday
8:00 - 8:50 am	Lap Swim	Water Walk	Lap Swim	Water Walk	Water Walk
9:00 - 9:50 am	Water Walk	Aquatic Stations Class with Pearlana	Water Walk	Lap Swim	Lap Swim
10:00 - 10:50 am	Lap Swim	Lap Swim	Lap Swim	Aquatic Exercise with Didi	Water Walk
11:00 am - 11:50 am	Water Walk	Water Waves Class with Yvette	Water Walk	Lap Swim	Lap Swim
12:00 pm - 12:50 pm	Water Walk	Water Walk	Lap Swim	Water Walk	
1:00 - 1:50 pm	Water Walk	Lap Swim	Ai Chi Class with Karon	Lap Swim	
2:00 - 2:50 pm	Lap Swim	Water Walk	Water Walk	Water Walk	
3:00 - 3:50 pm	Water Walk	Water Walk	Water Walk	Water Walk	
4:00 - 4:50 pm	Lap Swim	Water Walk	Lap Swim	Water Walk	
5:00 - 5:50 pm	Aqua Fit with Melinda	Lap Swim	Water Walk	Lap Swim	

beginning Nov 1